

“FOUNDATIONS” IN YOGA WORKSHOPS - BOOKING FORM.

Please print, complete and return with payment to:

Caroline Gill, 2 Meridian Rd, Redland, BS6 6EG
(cheques payable to Caroline Gill)

DATE OF WORKSHOP:

NAME:

ADDRESS:

PHONE:

EMAIL:

Brief description of yoga experience and/or fitness levels:

Any health issues:

Any other relevant info:

Thanks – look forward to working with you..